







## BUYING GUIDE





### SIZES

The images shown are actual size of the product and will give some idea of the best size for you.

### DILATION RATING

The dilation rating will give some idea of a suitable tension. Where rating 1 would be that you are physically aware of the unit's presence and experiencing more air coming through (dependent on your condition or infection) and rating 10 being, only acclimatized users could get to sleep with this power, however, a 'vortex' of air would be coming through (dependent on your condition or infection).

<b>Nose Vole</b> (Actual Size)	<b>Dilation Rating</b>	<b>Nose Vole HT</b> (Actual Size)	<b>Dilation Rating</b>
 Extra small / small	1	 Extra Small / Small	3
 Small / Medium	2	 Small / Medium	6
 Medium / Large	4	 Medium / Large	8
<b>Colours:</b> Rose, Jasmine, Natural		<b>Colours:</b> Natural, Marine Blue, Magenta	

<b>Nasal Actuator</b> (Actual Size)	<b>Dilation Rating</b>	<b>Actuator AT</b> (Actual Size)	<b>Dilation Rating</b> (Tension Adjustable Down Only)
 <p>Small</p>	<p>3</p>	 <p>Small</p>	<p>3 - 5</p>
 <p>Standard</p>	<p>7</p>	 <p>Standard</p>	<p>5 - 10</p>
<b>Colours:</b> Natural, Marine Blue, Sunset Orange		<b>Colours:</b> Gothic Black, Racing Red, Virgin White, Flesh	

## DISCLAIMERS

1. This information sheet does not form part of the Instructions For Use.
2. Breathing Solutions always recommends that purchasing first a tester pack is the most reliable way to select the most suitable product.
3. Check your suitability by visiting the Important Information page before purchasing.
4. 24 hour lifespan on all products after first use.
5. Twist off centre bar before use.
6. Choking hazard for small children (all products).
7. Single nostril unit.

Thank you for visiting the Website.